

Liz Thees - Certified Life Coach Coach - Facilitator

Liz Thees was born in England and moved here with her family when she was 4 years old. She also has family on The Rock of Gibraltar and spends time traveling to see her family at least once a year. She loves to horseback ride and is currently getting her Scuba Diving Certification. Liz had been searching for her life purpose and discovered that her life purpose was to help women find their life purpose. She is now a Certified Life Coach that specializes in helping women of all ages find their life purpose. She has studied under Mark Nicolson, Vishen Lakhiani, Neale Donald Walsch, Barbara Marx Hubbard, Michael Beckwith, Lisa Nichols and more. Liz adds to her Coaching practice; Spirituality, The Evolutionary Woman, Consciousness Engineering and the 6 Phase Meditation.

Liz also has 35 years of leadership in the Catering and Banquet business and brings many life experiences with her.