

RESOURCE GUIDE FOR LUCAS COUNTY

General Resource Assistance/Referrals United Way 2-1-1 (800-650-4357) **Government Portal- Lucas County Resources**:

https://www.co.lucas.oh.us/3179/Resources

Addiction Treatment

- COMPASS (inpatient/outpatient, adult only), 2465 Collingwood Blvd, Toledo, 419-241-8827, www.ccrscompass.org
- The Open Door (inpatient/men only), 2825 Cherry Street, Toledo, 419-242-7281, www.opendoor-toledo.com
- Fresh Attitude (outpatient, adult/adolescent), 525 Hamilton Ave, Suite 102, Toledo, 419-244-4081, www.freshattitude.org
- New Concepts (outpatient, adult/adolescent, marijuana), 5301 Nebraska Ave, Toledo, 419-531-5544
- Treatment Alternative to Street Crime (court ordered/ex-offenders, adult/adolesent), 701 Jefferson Ave, Ste 101, Toledo, 419-242-9955, www.lucastasc.org

Birth certificates/State ID

- Catholic Charities (ex-offenders released within past 90 days), 1933 Spielbusch Ave, Toledo, 419-244-6711. First-come, first-serve starting on first business day of month. Ohio birth certificates only.
- Cherry Street Mission (shelter residents only), 105 17th St, Toledo, 419-242-5141
- Helping Hands of St. Louis/St. Vincent de Paul (East Toledo residents only), 443
 Sixth St, Toledo, 419-691-0613, 2nd/4th Wednesdays of month 9-11AM as
 funding available, photo ID/proof of residency and income required, assistance
 limited to once per year.
- Toledo Area Ministries Clearing House, 444 Floyd St, Toledo, 419-724-1020. M-F 9-Noon. Need referral from local church.
- St. Vincent de Paul: Contact nearest Catholic Church
- Area churches

Budgeting/Money Management Counseling

- United Way Financial Stability Collaborative, United Way 2-1-1 (800-650-4357)
- St. Paul's Community Center, 230 13th Street, Toledo, 419-255-5520 ext. 210
- Northwest Ohio Development Agency, 432 N. Superior St, Toledo, 419-243-3734 ext 42
- Senior Outreach of Mercy Home Care (55+ or North End residents of any age),
 2200 Jefferson Ave, Toledo, 419-251-8579
- United North (North Toledo residents only), 3106 LaGrange St, Toledo, and 725 LaGrange St, Toledo, 419-720-6812 Ext 20



- Community Credit Counseling Specialists, 5301 Southwyck Blvd, Ste 100, Toledo, 419-865-2333
- Consumer Credit Counseling/Apprisen, 457 S. Reynolds Road, Toledo, 1-800-355-2227, initial assessment free

Child Care

- To apply for assistance with the cost of child care: contact Ohio Benefit Bank, 1-800-648-1176 or www.obb.ohio.gov
- YWCA Childcare Connections (resource and referral service, help finding provider that fits needs), 1018 Jefferson Ave, Toledo, 419-255-5519 or 1-800-632-3052

Clothing

- Cherry Street Mission LifeBridge Center, 3342 Monroe St. FREE clothing (infant to adult). Call United Way 2-1-1 (800-650-4357) to make a 20-minute shopping appointment.
- Friendly Center, 1324 N. Superior St., Toledo, 419-243-1289 (Thursdays 9-11:30am, zip codes 40604/43608/43611, 20 cents/item or \$2/bag)
- Trinity Faith Tabernacle Neighborhood Outreach, 1312 N. Huron St, Toledo, 419-246-9747 (FREE, call for current hours)
- Suitably Attired (FREE women's job interview clothing, church or social service referral needed), 3613 Monroe St, Toledo, 419-472-4752
- Dress Right, (FREE men's job interview clothing, church or social service referral needed), 3613 Monroe St, Toledo, 419-473-1167
- The Bridge/Monroe Street Neighborhood Center, 3613 Monroe St, Toledo, 419-473-1167 (Wednesdays 11:30am-1pm, FREE men's/women's/children's)
- Mission Mall/Toledo Gospel Rescue Mission, 2123 Ashland Ave, Toledo, 419-242-6642 (Saturdays noon-2pm, FREE, limit of 5 items; furniture/appliances/household goods available for donation during week, call for hours)

Computer Classes

- The Source, 1301 Monroe St, Toledo, 419-213-5627
- St. Paul's Community Center, 230 13th Street, Toledo, 419-255-5520 ext. 203
- Toledo-Lucas County Public Libraries, 419-259-5207 or <u>www.toledolibrary.org</u>

Dental

- Dental Center of Northwest Ohio (low-income, homeless), 2138 Madison Ave, Toledo, 419-725-2521. Low-Income: call for appointment, Medicaid/HMO/fees, prices vary: \$37/toothache diagnosis, \$37-\$80/wisdom teeth diagnosis, \$87/cleaning, \$69/extraction, all children's services \$25; Homeless: FREE, first come/first serve, need referral from shelter, call for dates.
- Mildred Bayer Clinic for the Homeless, 2101 Jefferson, Toledo, 419-241-1554



- Dental OPTIONS (Ohio Department of Health and Ohio Dental Association), 1-888-765-6789 to request application. For those with low income, few resources, no dental insurance or Medicaid
- Owens Community College Dental Hygeine Clinic, 567-661-7294 or 1-800-GO-OWENS, Ext. 7294, \$25/cleaning, \$10-\$50/fillings, Medicaid/fees, appointment only, open Sept to May
- University of Toledo/Medical College of Ohio Dental School, 3000 Arlington Avenue, Toledo, 419-383-3805, open yearround Monday-Friday 9am-5pm, appointment only, 24-hr emergency service, \$50/cleaning, \$90-\$250/fillings, Medicaid/insurance/fees)
- Lucas County Health Department (children 3-18), 419-213-6255

Disability Assistance

- Lucas County Board of Developmental Disabilities, 1154 Larc Lane, 419-380-4000
- The Ability Center of Greater Toledo, 5605 Monroe Street, Sylvania, 419-885-5733
- FOCUS (housing), 2283 Ashland Ave, Toledo, 419-244-2175
- The Arc of Lucas County, 5605 Monroe Street, Sylvania, 419-882-0941
- Ohio Rehabilitation Services Commission (help finding job or keeping current employment), 5241 Southwyck Blvd, Suite 200, Toledo, 1-800-589-5811
- Sight Center of Northwest Ohio (blind or visually impaired), 1002 Garden Lake Parkway, Toledo, 419-720-EYES (3937) or 1-800-624-8378, www.sightcentertoledo.org
- TARPS, 419-382-9901, \$2 per direction, www.tarta.com
- Arms Forces (veterans with traumatic brain injuries or post-traumatic stress disorder), Maumee, 419-491-1555, FREE
- The Fair Housing Center (discrimination assistance), 432 N. Superior St, Toledo, 419-243-6163, www.toledofhc.org

Domestic Violence/Sexual Assault

- Family and Child Abuse Prevention Center, 2460 Cherry St, Toledo, 419-244-3053
- Project Genesis, Family Service of Northwest Ohio, 701 Jefferson, Ste 301, Toledo, 419-725-3429 (support groups, referrals, assistance with court system/social services issues)
- YWCA Battered Women's Shelter (single women, women with children), 1-888-341-7386 (24/7 crisis hotline)



Food

- By Zip Code: call Toledo Northwestern Ohio Food Bank, 419-242-5000 ext. 204, or United Way 2-1-1 (800-650-4357)
- To apply for food stamps: contact Ohio Benefit Bank, 1-800-648-1176 or www.obb.ohio.gov
- Feed Your Neighbor/Toledo Area Ministries, 444 Floyd St, Toledo, 419-242-7401 (once a month, referral needed)
- Great Food for All (boxed food at discount, various locations, food stamps accepted), various locations, 419-242-7401 (Toledo Area Ministries) or www.greatfoodforall.com
- Angel food Ministries (boxed food at discount, various locations, food stamps accepted), www.angelfoodministries.com
- Feed Lucas County Children (summer feeding sites), various locations, 419-260-1556

Pet Food

- Humane Ohio, 3131 Tremainsville Rd, Toledo, 419-266-5607 (FREE, Mondays 10am-1pm, call for appointment, once a month per household)
- Toledo Area Humane Society, 1920 Indian Wood Circle, Maumee, 419-891-0705 (FREE, Tues-Sun 10AM-530PM, once every 3 month per household, bring photo ID)

Housing

Rent/Mortgage/Financial Assistance

- Catholic Charities, 1933 Spielbusch Ave, Toledo, 419-244-6711 (call first week of each month, Mon-Thurs 830AM-5PM, for phone interview)
- Sylvania Area Family Services (Sylvania residents only, must have eviction notice), 5440 Marshall Rd, Sylvania, 419-882-8415
- Veterans' Service Commission (emergency assistance for veterans and spouses), 1301 Monroe St, Suite 180, Toledo, 419-213-6090
- Helping Hands of St. Louis/St. Vincent de Paul (East Toledo residents only), 443 Sixth St, Toledo, 419-691-0613, 2nd/4th Wednesdays of month 9-11AM as funding available, photo ID/proof of residency and income required, must have court-ordered or LMHA eviction notice, assistance limited to once per year.
- Toledo Area Ministries Clearing House, 444 Floyd St, Toledo, 419-724-1020. M-F 9-Noon. Need referral from local church.
- East Toledo Family Center, 1020 Varland Ave, Toledo, 419-691-1429
- Northwest Ohio Development Agency (mortgage/foreclosure assistance, no rent assistance, assistance with discrimination claims), 432. N. Superior St, Toledo, 419-243-3734 ext. 40, www.nodatoledo.org
- The Fair Housing Center (emergency mortgage assistance for low-income families), 432 N. Superior St, Toledo, 419-243-6163, www.toledofhc.org



 Save the Dream Ohio (referral and information for those facing foreclosure), 888-404-4674, www.savethedream.ohio.gov

Help Finding Housing

- FOCUS, 2283 Ashland Ave, Toledo, 419-244-2175 (permanant housing for mental/physical disabilities, substance abuse rehabilitation; transitional housing for homeless). Need referral from shelter.
- Neighborhood Properties, 2753 W. Central Ave, Toledo, 43606, 419-473-2604 (homeless, veterans, physical/mental disabilities, ex-offenders)
- Lucas County Metropolitan Housing Authority, 435 Nebraska Ave, 419-259-9400
- YWCA (for battered women's shelter residents), 1018 Jefferson Ave, Toledo, 419-241-7386 or 1-888-341-7386 (24/7 crisis hotline)
- Fair Housing Center (assistance with discrimination claims), 432 N. Superior St, Toledo, 419-243-6163
- United North (North Toledo residents only), 3106 LaGrange St, Toledo, and 725 LaGrange St, Toledo, 419-720-6812 Ext 20. Exterior repair loans, emergency home repairs.

Job Search / Job Readiness / Resumes / GED

- Friendly Center (GED classes), 1324 N. Superior Toledo, 419-243-1289
- The Source, 1301 Monroe Street Toledo, 419-213-5627
- Economic Opportunity Planning Association, (EOPA), 505 Hamilton Ave, Toledo, 419-242-7304 ext.1156
- Ohio Rehabilitation Services Commission (physical/mental disabilities), 5241
 Southwyck, Suite 200, Toledo, 1-800-589-5811
- Toledo-Lucas County Public Libraries, For help finding a job: Call 419-259-5209 to make a one-on-one job search appointment with a librarian. For free basic computer classes: Check with your nearest branch or visit www.toledolibrary.org.
- Suitably Attired (FREE women's job interview clothing, church or social service referral needed), 3613 Monroe St, Toledo, 419-472-4752
- Dress Right (FREE men's job interview clothing, church or social service referral needed), 3613 Monroe St, Toledo, 419-473-1167

Jobs - Temp Agencies

- Addeco, various locations, 419-874-9675, <u>www.adeccousa.com</u>
- Job1USA, 701 Jefferson Ave, Toledo, 419-255-5005, www.job1usa.com
- Manpower, 340 W. Dussel Dr, Maumee, 419-893-4413, <u>www.us.manpower.com</u>

Legal Assistance

 Advocates for Basic Legal Equality and Legal Aid of Western Ohio (advice in civil matters, income limits apply), 525 Jefferson Ave, Toledo, 419-255-0814 or 877-894-4599



- Legal Aid Line (advice/referrals in civil matters, income limits apply), 1-888-534-1432 or 419-724-0460, www.legalaidline.org
- The Fair Housing Center (rent/housing discrimination), 432 N. Superior St, Toledo, 419-243-6163
- Ohio Consumers' Counsel (utilities), 1-877-PICKOCC (1-877-742-5622)
- Second Chance Tuesday at The Source (expungement of criminal record), 1300
 Monroe St, Toledo, 419-213-5627, (2nd Tuesday of month, 1-2PM)
- University of Toledo College of Law Legal Clinic (assistance in civil cases, income limits apply, open Sept-May), 419-530-4236
- Toledo Bar Association (advice/pro bono representation in civil matters, income limits apply) 419-418-5323

Meals (call ahead to verify current mealtimes)

- Toledo Gospel Rescue Mission, 1917 Jefferson Ave, Toledo, 419-242-6642, chapel attendance required. Doors daily at 4PM, chapel at 430PM, dinner at 5PM
- Madison Food Service and Community Center (Cherry Street Mission), 1919 W.
 Madison Ave., Toledo, open to public daily 7:30-8:30 a.m./Noon-1 p.m./5-6 p.m., 419-242-5141
- Good Samaritan Outreach Center (Cherry Street Mission), 1108 Broadway St.,
 Toledo, open to public daily 7:30-8:30 a.m./Noon-1 p.m./5-6 p.m., 419-242-5141
- Helping Hands of St. Louis Church, 443 Sixth Street, Toledo, 419-691-0613, MWF 8-10am, M-F 11am-12:30pm
- St. Paul's Community Center, 230 13th Street, Toledo, 419-255-5520, Mon-Sat Noon-1:30PM
- Martin Luther King Kitchen for the Poor, 650 Vance St. Toledo, 419-241-2596

Medical

- CareNet (sliding-scale fee health care for low-income Lucas County residents),
 3231 Central Park West, Suite 200, Toledo, 419-842-0800
- Neighborhood Health Association
- Cordelia Martin Community Health Center and Daisy Smith Pediatrics, 430
 Nebraska Ave, Toledo, 419-255-7883 Ext 100
- Huron Street Women's Center (OB/GYN, pregnancy), 923 N. Huron, Toledo, 419-242-6028
- NHA Pediatrics, 1 Aurora Gonzalez Dr, Toledo, 419-241-4230
- River East Community Health Center, 117 Main Street, Toledo, 419-691-1322
- South Side Community Health Center, 732 South Street, Toledo, 419-241-6106
- Mildred Bayer Clinic for the Homeless, 2101 Jefferson Ave, Toledo, 419-241-1554
- Toledo Lucas County Health Department, 635 N. Erie St, Toledo, 419-213-4100
- Toledo Lucas County Health Department, 635 North Erie Street, Toledo, 419-213-4100



- Western Lucas County Clinic, 330 Oak Terrace Boulevard, Holland, 419-213-6255
- Planned Parenthood, 1301 Jefferson Ave, Toledo, 419-255-1115, or 7059
 Orchard Centre Drive, Holland 419-491-6146
- AIDS Resource Center, 3450 W. Central Ave, Suite 210, Toledo, 419-241-9444
- Arms Forces (veterans with traumatic brain injuries or post-traumatic stress disorder), Maumee, 419-491-1555, FREE

Mental Health

- Zepf Center (adults/children), 6605 West Central Ave, Toledo, 419-841-7701
- Harbor (adults/children), 5151 Monroe St, Toledo, 419-475-4449
- National Alliance for Mental Illness (NAMI) (adults/children), 2753 W. Central Ave, Toledo, 419-243-1119
- Family Service of NW Ohio (adults/children), 701 Jefferson, Suite 301, Toledo, 419-321-6455
- Unison Behavioral Health, 1425 Starr Ave, Toledo, 419-693-0631
- Lutheran Social Services (adults/children), 2149 Collingwood Blvd, Toledo, 419-243-9178
- Thomas M. Wernert Center (adults only), 208 W. Woodruff, Ave, Toledo, 419-242-3000
- Neighborhood Properties (housing), 2753 W. Central Ave, Toledo, 419-473-2604
- FOCUS (housing), 2283 Ashland Ave, Toledo, 419-244-2175

Pregnancy

- Heartbeat Inc., 2130 Madison Ave, Toledo 419-241-9131 or 1020 Varland Ave, Toledo, 419-691-1988
- The Pregnancy Center, 716 N. Westwood, Toledo 419-578-7350
- Planned Parenthood, 1301 Jefferson Ave, Toledo, 419-255-1115, or 7059
 Orchard Centre Drive, Holland, 419-491-6146

Prescriptions

- To apply for Medicare Rx Extra Help ("Medicare Part D"), contact Ohio Benefit Bank, 1-800-648-1176 or www.obb.ohio.gov
- To apply for Ohio's Best Rx (no income limit for 60+), contact Ohio Benefit Bank, 1-800-648-1176 or www.obb.ohio.gov
- Helping Hands of St. Louis/St. Vincent de Paul (East Toledo residents only), 443
 Sixth St, Toledo, 419-691-0613, 2nd/4th Wednesdays of month 9-11AM as
 funding available, photo ID/proof of residency and income required, assistance
 limited to once per year.
- Partnership for Prescription Assistance, <u>www.pparx.org</u>, 1-888-477-2669. Free or low-cost.
- Needy Meds, <u>www.needymeds.org</u>



 Prescription Hope, 1-877-296-HOPE (4673), FDA-approved brand-name prescription medications for a \$12 per prescription per month service fee

Pets

- FREE Pet Food: Humane Ohio, 3131 Tremainsville Rd, Toledo, 419-266-5607 (Mondays 10AM-1PM, once a month per household)
- Toledo Area Humane Society, 1920 Indian Wood Circle, Maumee, 419-891-0705 (FREE, Tues-Sun 10AM-530PM, once every 3 month per household, bring photo ID)

Reentry

- Reentry Coalition of Northwest Ohio/Treatment Alternative to Street Crime, 701
 Jefferson Ave, Suite 101, Toledo, 419-242-9955, personalized case
 management; monthly informational meetings for ex-offenders and family
 members, first Wednesday of month, 11am-1pm, First Floor, One Government
 Center, Toledo
- Catholic Charities (released within past 90 days), 1933 Spielbusch Ave, Toledo, 419-244-6711. First-come, first-serve starting on first business day of month. Ohio birth certificates only.
- Economic Opportunity Planning Association (EOPA) (housing, employment readiness, resume-building), 505 Hamilton Ave, Toledo, 419-242-7304
- Neighborhood Properties (housing), 2753 W. Central Ave, Toledo, 43606, 419-473-2604
- CareNet (sliding-scale fee health care for low-income Lucas County residents), 419-842-0800
- St. Paul's Community Center (class: Ex-Offenders Guide to Employment), 230
 13th Street, Toledo, 419-255-5520 ext. 203
- Second Chance Tuesday at The Source (expungement of criminal record), 1300 Monroe St, Toledo, 419-213-5627, (Second Tuesday of month, 1-2PM)
- Legal Aid Line (advice/referrals in civil matters, income limits apply), 1-888-534-1432 or 419-724-0460 or www.legalaidline.orG

Senior Services

- Area Office on Aging, 2155 Arlington Ave, Toledo, 419-382-0624 (60+ or families raising relatives)
- Lutheran Social Services, 2149 Collingwood Blvd, Toledo, 419-243-9178 (counseling, day programs, court-appointed legal guardians)
- Senior Outreach of Mercy Home Care, 2200 Jefferson Ave, Toledo, 419-251-8579 (home visits to chronically ill, 55+)
- Maumee Senior Center, 2430 S. Detroit Ave, Maumee, 419-893-1994 (60+)
- Mayores Senior Center, 2 Aurora Drive, Toledo, 419-242-1144
- Toledo Senior Activites Center (60+, transportation services for East Toledo/Oregon residents only), 1001 White St, Toledo, 419-691-2254



Community Development Center, 3300 Oak Terrace Blvd, Toledo, 419-865-2322

Shelters

Single Women

- Sparrow's Nest, 436 W. Delaware Toledo, 419-321-1835
- St. Paul's Community Center, 230 13th St. Toledo, 419-255-5520
- Aurora Project, 1035 N. Superior St, 419-244-3200
- Rebekah's Haven, 1917 Jefferson Ave, 419-243-0403
- Beach House, 915 N. Erie St, Toledo, 419-241-9277
- Catholic Charities LaPosada Shelter (Spanish-speaking), 435 Eastern Ave, 419-244-5931

Single Men

- Cherry Street Mission, 105 17th St, Toledo, 419-242-5141
- Toledo Gospel Rescue Mission, 1917 Jefferson Ave, Toledo, 419-242-6642. No sex offenders.
- St. Paul's Community Center, 230 13th St, Toledo, 419-255-5520. No sex offenders.
- Open Door Ministry (men recovering from addiction), 2825 Cherry St, Toledo, 419-242-7281. No sex offenders.
- Catholic Charities LaPosada Shelter (Spanish-speaking), 435 Eastern Ave, 419-244-5931. No sex offenders.

Women with Children / Pregnant Women

- Beach House, 915 N. Erie St, Toledo, 419-241-9277
- Family House, 669 Indiana Avenue, Toledo, 419-242-5505
- Aurora Project, 1035 N. Superior St, 419-244-3200
- Rebekah's Haven, 1917 Jefferson Ave, 419-243-0403
- Catholic Charities LaPosada Shelter (Spanish-speaking), 435 Eastern Ave, 419-244-5931

Men with Children / Children with Both Parents

- Beach House, 915 N. Erie St, Toledo, 419-241-9277
- Family House, 669 Indiana Avenue, Toledo, 419-242-5505
- Catholic Charities LaPosada Shelter (Spanish-speaking), 435 Eastern Ave, 419-244-5931

Domestic Violence emergency

• YWCA Battered Women's Shelter (single women, women with children), 1-888-341-7386 (24/7 crisis hotline)



Social Security

 Social Security Administration, Four Seagate, Suite 1000, Toledo, 866-331-2196, www.ssa.gov

Tax Filing, FREE

- Call 1-800-648-1176 or visit www.obb.ohio.gov to find the nearest Ohio Benefit Bank tax site. Free federal, state and school district e-filing for families who make \$57,000 per year or less.
- United Way 2-1-1 (800-650-4357)

Transportation

- TARTA Call-A-Ride, 419-243-RIDE (416-243-7433)
- TARPS (for those with disabilities) 419-382-9901, \$2 per direction
- Cherry Street Mission (men in shelter), 105 17th St, Toledo, 419-242-5141
- Sparrow's Nest (women in shelter), 436 W. Delaware Toledo, 419-321-1835

Utilities/Home Energy Assistance Program (HEAP)

- Ohio Benefit Bank, various locations, 1-800-648-1176 or www.obb.ohio.gov
- Economic Opportunity Planning Association (EOPA), 505 Hamilton Ave, Toledo, 419-242-7304
- Ohio Department of Development, http://www.development.ohio.gov (download HEAP application)
- Salvation Army of Northwest Ohio, 620 N. Erie St, Toledo, 419-241-2294 (utility assistance, call Tues 830AM-11AM), 419-241-3549 (social services), 419-241-1138 (main). Must have disconnect notice.
- Veterans' Service Commission (emergency assistance for veterans and spouses), 1301 Monroe St, Suite 180, Toledo, 419-213-6090
- Helping Hands of St. Louis/St. Vincent de Paul (East Toledo residents only), 443
 Sixth St, Toledo, 419-691-0613, 2nd/4th Wednesdays of month 9-11AM as
 funding available, photo ID/proof of residency and income required, must have
 disconnection notice, assistance limited to once per year.
- East Toledo Family Center, 1020 Varland Ave, Toledo, 419-691-1429
- Sylvania Area Family Services (Sylvania residents only, must have disconnect notice), 5440 Marshall Rd, Sylvania, 419-882-8415
- Ohio Consumers' Counsel (questions/complaints), 1-877-PICKOCC (742-5622)
- Toledo Area Ministries Clearing House, 444 Floyd St, Toledo, 419-724-1020. M-F 9-Noon. Need referral from local church.
- St. Vincent de Paul: Contact nearest Catholic Church
- Check with local churches



Vehicle Repairs

- Job and Family Services PRC program (for families with children and pregnant women, income limits apply), 3250 Monroe St, Toledo, 419-213-8900
- Cedar Creek Church, 29129 Lime City Rd, Perrysburg, 419-661-8661
- Toledo Area Ministries Clearing House, 444 Floyd St, Toledo, 419-724-1020. M-F 9-Noon. Need referral from local church

Veterans

- Veterans' Service Commission (emergency financial services, veterans and spouse), 1301 Monroe St, Suite 180, Toledo, 419-213-6090
- Department of Veterans Affairs (outpatient clinic), 3333 Glendale Ave, Toledo, 419-259-2000
- Arms Forces (traumatic brain injuries or post-traumatic stress disorder),
 Maumee, 419-491-1555, FREE
- Neighborhood Properties (housing for homeless veterans), 2753 W. Central Ave, Toledo, 419-473-2604

Vision/Eye Care

- Mildred Bayer Clinic for the Homeless, 2101 Jefferson Ave, Toledo, 419-241-1554
- Prevent Blindness Ohio, (FREE eye exams, follow-up care, eyewear for low-income children and families, homeless/uninsured adults), 800-301-2020
- Vision USA (FREE or low-cost exams and eyewear for low-income, uninsured, 2 years since last exam), 1-800-766-4466, www.aoa.org
- Zenni Optical (low-cost eyeglasses, \$8-30), 1-800-211-2105. M-F Noon-8pm.
 Must know prescription to order lenses.



Divorce Assistance

Step #1 – Attain a lawyer to protect your right and help you with the divorce process.

Unable to afford one, contact ABLE-Legal Aid for eligibility: https://www.ablelaw.org/

What kind of cases do legal aid programs handle?

Legal Aid programs, like ABLE and LAWO, serve low-income residents with cases including but not limited to: Housing, including tenants. rights and home ownership; **Family law, including domestic violence, divorce, and rights of parents and children**; Social Security and public benefits; Consumer law, including bankruptcy and fair debt collection; Elder law, including discrimination, healthcare and wills; Wages and benefits, welfare, and safety of immigrant workers. In addition, each program has specialized programs and projects.

>> Contact Legal Aid Line by phone: New inquiries from Lucas County can call (419) 724-0460

Or

>> Contact Legal Aid Line through this website:
Apply for help online by completing and submitting our intake form:
https://onlineintake.ablelaw.org/

Step #2 - Temporary Assistance.

Lucas County Department of Job & Family Services (LCDJFS) provides services such as temporary cash assistance, food stamps, and Medicaid, subsidized child care, adult protection, disability assistance and prevention, retention and contingency services.

Lucas County

Location: 3210 Monroe St. Toledo, OH 43606

Ph: (419) 213-8800

Hours: Monday - Friday, 8:00 AM - 4:30 PM

** You can submit application online here: https://benefits.ohio.gov/

Step #3- General Support Resources

Please visit this link for other support: https://www.co.lucas.oh.us/3179/Resources

**Once you ready to transition to next steps such as job search, support group, networking, please contact Women of Toledo office to enroll in Discovery Circle Program. Our Discovery series is designed to help women and youth in transition get back on the right track and discover a new way of thinking with a growth mindset, to celebrate life in spite of the Ups and Downs, and to be inspired to keep moving forward. The goal is to help women and or youth recognize, through a mindfulness process, and navigate life transitions. Each of our series' sessions aim to stay mainstream with our 3E model goals and objectives to Educate Engage and Empower.